



Spa  
AT  
THUNDER  
VALLEY



WELCOME TO SPA AT  
THUNDER VALLEY CASINO RESORT

Located near the lush foothills of Northern California, Spa at Thunder Valley is known for unforgettable spa experiences that embrace techniques and inspiration from around the world.

Our ample menu of services promises a truly unique spa getaway, and our staff of professionals pamper every guest with luxurious spa offerings promoting wellness, relaxation, and serenity. Our guests are invited to elevate their spa journey by enjoying our tranquil sauna, Meditation Room, and Eucalyptus Steam Room for the ultimate spa experience.

Rejuvenate, refresh, and relax like never before at Spa at Thunder Valley. Visit our website for Spa specials, pricing, online booking and more.



# WELLNESS COLLECTION

## RELAX AND RESTORE

Spa at Thunder Valley is the ultimate destination for relaxation and restoration. Your day starts with our Relaxation Massage, featuring your choice of five different wellness blends for total calm and revitalization. Our Custom Facial follows, specially tailored for you and your skins needs. This is the perfect spa day treatment for any occasion.

**Allow 100 minutes**

## ELEMENTS OF RELAXATION

Treat yourself to our Seasonal Body Scrub followed by our Seasonal Body Wrap, both handcrafted with organic ingredients to nourish and hydrate your skin. Our Meditation Lounge is your next stop where you'll enjoy a small snack plate and refreshing glass of wine. You're then invited to continue your relaxation time in our steam or sauna rooms. Our Classic Swedish Massage completes this luscious treatment, leaving you relaxed, renewed, and totally refreshed.

**Allow 200 minutes**

## ULTIMATE ESCAPE

Looking for the ultimate day of relaxation? This is the escape for you! Your blissful day starts with our relaxing and rejuvenating Lavender Escape experience with body scrub, wrap, and full body massage. Your relaxation journey then flows into our peaceful meditation lounge where you'll enjoy a delicious snack plate and crisp glass of wine. You're also free to spend more time luxuriating in our steam and sauna rooms. Our decadent Anti-Aging Facial perfectly completes your Ultimate Escape experience. And as a special treat, you'll head home with your own plush signature Spa robe. This treatment really is the ultimate spa day escape!

**Allow 180 minutes**



# MASSAGE COLLECTION

*Our team of professionals are masters at the art of massage. Whether you treat yourself to a traditional massage or indulge in a specialty massage treatment, you'll leave Spa feeling revitalized and restored in mind, body, and soul.*

## RELAXATION

This light to medium pressure massage features aromatherapy oils to deepen your relaxation and sooth your senses. Choose from one of five wellness blends: Balance, Calm, Detox, Uplifting, and Rest. You'll leave feeling nourished and relaxed.

**25 minutes | 50 minutes | 80 minutes**

## CBD

This next-level massage relieves tight muscles, injuries, and added stress with a deeply hydrating, indulgent, and luxurious CBD-enhancement. This therapeutic treatment is formulated to reduce inflammation and pain caused by issues such as arthritis, muscle soreness, and some skin irritations. Your treatment - tailored to your specific needs - incorporates your choice of relaxing or energizing oil blends. Our CBD massage is the best remedy for those seeking a deeper, therapeutic relaxation massage experience.

**50 minutes | 80 minutes**

## SWEDISH

This classic massage is an excellent antidote for daily stress. Long, relaxing movements with an unscented hydrating oil help increase circulation while easing tired muscles, leaving you glowing and relaxed.

**25 minutes | 50 minutes | 80 minutes**

## DEEP TISSUE

Release tension and improve your range of motion with this deep tissue massage. With a focus on areas that require deeper work, this medium to firm pressure massage eases muscle pain and tension. A relief cream infused with arnica, turmeric root extract, and ginger alleviates discomfort in problem areas.

**50 minutes | 80 minutes**

## PRENATAL

Take personal time for yourself with this soothing, nurturing massage. Vitamin-enriched oil infused with essential oils boosts your skin's elasticity while relaxing both mother and baby.

**50 minutes**

## COUPLES

Spend quality time together with your choice of side-by-side massages. Not just for spouses and partners, our couples massage can be enjoyed with great friends, family, or loved ones.

**50 minutes | 80 minutes**

# MASSAGE ENHANCEMENTS

## HOT STONES

Heated basalt stones help reduce stress, promote relaxation, and melt away tension as your massage professional incorporates them into the flow of your massage.

## HIMALAYAN SALT STONES

Warm Himalayan salt stones are used to massage the body's meridians while soothing muscles and increasing blood flow. These salt stones restore the skin's depleted minerals while balancing your surrounding environment.

## DRY BRUSHING

This exfoliating full-body treatment combines with your massage to help boost lymphatic drainage and provide a natural energy boost. After the service, keep your personal brush for continued home care.

## CUPPING

Elevate any massage with our TheraCup enhancement. TheraCup combines traditional cupping with cutting-edge ThermaVibration technology. We combine suction, heat, and vibration for the ultimate cupping experience.

## KENSKO

Bring new life and a more supple, youthful glow to your skin with gemstone-infused, premier collagen masks containing vitamins and minerals.

### ***Nanogold Repair Mask***

Firm, lift, and hydrate with 24K gold, elastin, hyaluronic acid, aloe, and Vitamins B3 and E.

### ***Rose Quartz Antioxidant Mask***

Calm, protect, and soothe with rose quartz, hyaluronic acid, Vitamins C and E, and white tea extract.

### ***Diamond Radiance Mask***

Brighten, hydrate, and reveal your skin's radiance with diamond powder, hyaluronic acid, and CoQ10.

### ***Black Pearl Detox Mask***

Detoxify, purify, and balance with pearl powder, bamboo charcoal, hyaluronic acid, and tea tree oil.

## THERABODY TENSION RELIEF

Enhance your massage with TheraBody Targeted Tension Relief featuring Theragun PRO Plus, TheraBody's most advanced multi-therapy device. Designed for high-performance recovery, this powerful add-on focuses on specific muscle groups using deep percussive therapy, therapeutic heat, and vibration therapy. Ideal for relieving muscle tension and improving mobility.

# FACIAL COLLECTION

*With only the world's finest ingredients, our facials include a comprehensive skin analysis, cleansing, extractions, exfoliation, mask, moisturizer, and facial massage. Enjoy an extended massage and luxurious hand treatment with our 80-minute facial services.*

## CUSTOM

Each customized facial specifically focuses on your skin's needs. Following a personal skincare analysis, your esthetician guides you in determining the best products for your skin for maximum results. A combination of specially selected products cleanse, tone, exfoliate, and rehydrate your skin.

**50 minutes | 80 minutes**

## ORGANIC

Our gentle yet effective Organic Facial nourishes your skin with nature's purest organic botanicals to cleanse, exfoliate, and deeply hydrate. Perfect for all skin types—including sensitive skin—this soothing facial restores your skin's natural glow while promoting relaxation and well-being.

**50 minutes | 80 minutes**

## ANTI-AGING

Utilizing anti-aging caviar proteins and algae-based products, this decadent facial helps firm, tone, refine, and deeply hydrate. You'll enjoy immediate results with skin that's supple, healthy, and luminous.

**50 minutes | 80 minutes**

## OXYGENATING

This advanced, pro-B vitamin-rich treatment paired with an oxygen-boosting application works to deliver oxygen into the skin while fighting common signs of aging. The oxygen-boosting application provides quick and effective results resulting in plumper skin with reduction of fine lines and wrinkles.

**50 minutes | 80 minutes**

## CRYRO

A Cryroskin facial uses cool temperatures to widen the blood vessels for increased blood flow. This increase in oxygen supply boosts collagen production, reduces the appearance of wrinkles and pores, and improves skin elasticity. This is a natural, non-invasive way to look youthful and more radiant.

**50 minutes**

## GENTLEMAN'S

This results-oriented facial customized for a gentleman's complexion deep cleanses, soothes, and rejuvenates the skin.

**50 minutes | 80 minutes**

## BEYOND BOTOX

Defy the aging process! Dermaplaning removes debris for deeper facial treatment penetration followed by an exfoliating gel-based peel to rebalance and smooth fine lines, concluding with a peptide-packed firming mask for increased oxygen delivery and collagen/elastin production. You'll leave with a healthy, hydrated, youthful glow.

**100 minutes**



## HYDRAFACIAL®

*Only HydraFacial uses patented technology to cleanse, extract, and hydrate the skin. HydraFacial's fabulous serums are made with nourishing ingredients that create an instantly gratifying glow. Your skin's health does not need to be complicated, and this treatment can be tailored to address your unique needs safely and effectively.*

### DELUXE

This invigorating treatment deeply cleanses, exfoliates, and extracts the skin's impurities while simultaneously infusing nourishing ingredients to hydrate the skin. The Deluxe HydraFacial also includes a personalized booster to address your specific skin concerns and LED light therapy to further reduce visible signs of aging.

**50 minutes**

### PLATINUM

The ultimate HydraFacial begins with a detoxification process with lymphatic drainage. Next, the Platinum HydraFacial deeply cleanses, exfoliates, extracts, and hydrates the skin while addressing your specific skin concerns with a booster of your choice. This treatment concludes with LED light therapy to further reduce the visible signs of aging.

**80 minutes**

## HYDRAFACIAL ENHANCEMENTS

### PERK EYES

Hydrates and brightens the eyes, reduces puffiness and dark circles, and smooths fine lines and wrinkles.

### PERK LIPS

Hydrates, lightly plumps, and gently exfoliates the lips.



# BODY COLLECTION

## LAVENDER ESCAPE

This soothing, full-body treatment pampers you from head to toe. Inhale the calming, balancing benefits of wild lavender as you relax and enjoy a rejuvenating scrub, warm cocooning wrap, and full-body massage.

**80 minutes**

## SEASONAL SCRUB

Nourish your skin with a full-body scrub crafted with organic ingredients and nourishing oils. Our Seasonal Scrub is selected in keeping with the time of year for the best results. These scrubs are offered for a limited time and change several times throughout the year.

**50 minutes**

## SEASONAL WRAP

Detox and re-mineralize the body with our seasonal body wrap. These unique seasonal wraps feature all-organic ingredients and are designed to treat your skin based on the current environment. Our unique Seasonal Wrap treatments change several times throughout the year.

**50 minutes**

## CRYOSLIMMING

A CryoSlimming session rapidly cools the skin, triggering a natural reduction in fat cells. Whether you're looking to reduce fat on your stomach, thighs, arms, or back, this is the treatment for you. CryoSlimming sessions are performed in a series of three or five.

**50 minutes**

## CRYOTONE

CryoToning sessions apply cold temperatures to areas of the body, widening blood vessels and increasing oxygen supply. This process helps stimulate collagen production, which in turn breaks down cellulite for smooth, dimple-free skin. This treatment is performed in a series of three or five.

**50 minutes**





HaloRed  
Patented Science



## HALOTHERAPY

### SALT & RED LIGHT BOOTH

Halotherapy, also known as dry salt therapy, incorporates dry pure-grade sodium chloride ground into tiny micro-particles in a special Halogenerator machine. These dry salt micro-particles are then dispersed into the salt room. Red light is absorbed by the skin, boosting collagen production and aiding skin conditions. Near Infrared penetrates deeper to aid muscle recovery, cellular renewal, and joint pain. This holistic, drug-free, natural therapy promotes better breathing, healthier skin, sounder sleep, improved physical fitness, and overall wellness.

**20 minutes**

## TOUCHLESS WELLNESS EXPERIENCE

### LOUNGER

The Mind-Sync Wellness Lounger is an unattended, zero-gravity treatment lounger designed to reduce stress and anxiety levels and enrich restorative sleep states. This vibroacoustic sound therapy with zero-gravity positioning is the perfect stand-alone treatment for relaxation or to enhance any spa service.

**20 - 25 minutes**

# OUR SPA

*To ensure your day of relaxation is perfection, your spa experience includes luxurious amenities as well as private locker, robe and sandals. We also ask that all guests follow the policies outlined below.*

## AGE REQUIREMENT

Spa guests must be at least 21 years of age. Guests over the age of 18 may receive Salon service but will not be allowed access into the locker facility.

## GRATUITY

Gratuities are left to the guest's discretion, but welcomed by the team for excellent service received. Customary gratuity ranges from 18%-20%.

## CANCELLATIONS

If you need to reschedule or cancel your spa reservations, we require at least 24 hours advance notice to avoid the full-service fee charge. Changes or cancellations due to weather, travel, or traffic will result in shortened treatments or a full charge for missed appointments.

## RESERVATIONS

To schedule an appointment, please call 916.408.9250 or visit our website for online booking.

