

Spa
AT
THUNDER
VALLEY





WELCOME

Spa at Thunder Valley features a full menu of services designed to ensure each guest receives a Four-Diamond experience. Your escape starts in the Meditation Room - quiet and serene - then change into a comfortable robe and visit our steam room or dry sauna before or after your treatment. Enjoy water, herbal teas, and fruit any time you desire.

Our treatment menu features a wide range of relaxation and therapeutic massage services, tailored to your desired level of pressure. Rejuvenating facials and body scrubs utilize top-of-the-line cosmeceutical ingredients like natural grape seed, alpha hydroxy acids, botanicals and peptides with anti-aging properties. Pedicures and manicures—with natural or gel nail services—as well as face and body waxing applications can be scheduled separately or combined with any massage or facial.

Spa appointments also include access to our beautiful pool and hot tub, just a few steps away. For hotel guests, our steam room, sauna and pool are complimentary. Open seasonally, the pool features beautiful chaise lounges and poolside food and beverage service from the Coconut Bar.

Private cabanas - outfitted with hi-def TVs, dressers and changing area - may be rented by the day.

Spa at Thunder Valley is your escape from the daily pace of life. We look forward to providing you with an experience that is both uplifting and restorative.



BODY MASSAGES

THUNDER VALLEY PREMIER BLEND | 50 MINUTES \$115 | 80 MINUTES \$149

Our most popular, this is a customized massage with both relaxation and deep tissue; hot stones to the back for a truly rejuvenating experience.

RELAXATION THERAPY | 50 MINUTES \$95 | 80 MINUTES \$129

The long, fluid strokes of this classic massage relieve muscle tension and improve circulation, gently guiding you toward relaxation and stress release with light to medium pressure.

FOUR HANDS BALANCE 80 MINUTES \$259

A synchronized four-hands massage by two therapists working in harmony; each focusing on a different body area. Profound relaxation doubles the healing benefits and increases your sense of well-being. This is a must-have treatment!

THERAPEUTIC DEEP TISSUE | 50 MINUTES \$105 | 80 MINUTES \$139

Deeply therapeutic, this custom massage targets chronic tension. Using a variety of techniques, your therapist helps bring relief to areas of pain and stiffness.

WARM STONE RITUAL | 75 MINUTES \$160

Deeply soothing and detoxifying, this treatment utilizes heated basalt stones and essential oils to relieve muscle pain, reduce stress and increase the body's metabolism.

*\$10 additional for alternating hot and cold stones

PRENATAL MASSAGE* | 50 MINUTES \$105

Designed to nurture and support both mother and baby, this gentle massage focuses on areas most affected most by pregnancy. Prenatal massage deepens a sense of calm, relaxation and helps improve sleep. *Requires doctor's note if in first trimester

HIMALAYAN SALT WELLNESS MASSAGE | 50 MINUTES \$99 | 80 MINUTES \$130

Himalayan salt contains the exact 79 minerals found in the human body. This massage not only relaxes you, but infuses the body with essential minerals to revive and rebalance the body.

TENSION RELIEF MASSAGE | 50 MINUTES \$99 | 80 MINUTES \$130

Alleviates stress while inducing a profound sense of peace and calm with lavender aromatherapy in your foot massage, and a mini head massage and full-body relaxation massage.

CASINO ROYALE | 80 MINUTES \$135

Warm Sedona mud applied to the feet and heated booties, a soothing scalp massage and our Thunder Valley Premier Blend massage with hot stones on the back.

IN-ROOM MASSAGE | *80 MINUTES \$200

Relax in the privacy of your room with this customized massage designed specifically for you.
**48-hour reservation time requested*

EVERYDAY ZONE THERAPY | 25 MINUTES \$59

Designed to concentrate on the areas where you hurt the most. With our customized pressure from light to deep, we've created this therapy for your specific problem area, such as neck, back or legs.

FOOT REFLEXOLOGY | 25 MINUTES \$65 | 50 MINUTES \$105

Using an ancient inch-walking technique with the thumbs, reflexology creates homeostasis in the entire body by stimulating reflexes to the organs, glands, musculoskeletal, respiratory, circulatory, digestive, lymphatic and nervous systems. You will leave feeling that you've had a full body massage.

HEAD AND FOOT TREATMENT | 45 MINUTES \$59

Unwind with this heavenly head massage and start the de-stressing process that finishes with a luxurious foot scrub and moisturizing massage.



BODY MASSAGE & FACIAL ENHANCEMENTS

MOROCCAN OIL HAIR TREATMENT | \$16

Invigorating scalp massage stimulates well-being while treating the scalp and hair. This treatment is done within your massage or facial; please request when making your reservation.

FOOT SCRUB ADD-ON | \$16

Exfoliate and stimulate the senses with an aromatic feet and legs scrub, nurturing body butter finish. This treatment is done within your massage or facial; please request when making your reservation.

ADD HOT STONES \$9

Smooth, hot stones warm and relax the muscles while taking any massage to the next level.



BODY RITUALS

CABERNET GRAPE SEED CRUSH BODY SCRUB | 50 MINUTES \$105

Experience the skin benefits of pure, crushed, Wine Country grape seeds. Natural oils fully hydrate, clean and polish the skin, followed by a Cabernet Body Butter.

SEDONA AND FRENCH CLAY MUD | 80 MINUTES \$115

Warm mud detoxifies and de-stresses leaving your skin smooth and rejuvenated. Includes an energizing head and face massage.

SEASONAL SCRUB | *45 MINUTES \$65

These scrubs energize and tone your skin, promote detoxification and exfoliation with oxygenating action, with a complimenting body butter finish.

**25min. add-on to any massage without body butter: \$40*



SPA PACKAGES

THE WINNING PAIR | 100 MINUTES \$159

Enjoy a 50-minute Relaxation Therapy Massage and a 50-minute European Facial.

TREAT FOR TWO | 100 MINUTES \$388

Includes a 25-minute Cabernet Grape Seed Body Polish, our 50-minute Thunder Valley Premier Blend Massage, and an indulgent Moroccan Oil Hair Treatment with scalp massage in our Pairs Suite.

COUPLES MASSAGE | 50 MINUTES \$248 | 80 MINUTES \$308

Candlelight, rose petals and our customized aromatherapy massage shared side-by-side with pressure point therapy and soothing hot stones for a true escape in a suite built for two.

THE ELITE RETREAT | 130 MINUTES \$299

This treatment begins with a full body grape seed scrub, followed by our Sedona Mud Wrap and a scalp and hair pampering with Moroccan oil. Finish with a full-body customized massage, including hot stones and your preferred pressure style.

Massages and body treatments can be done in our Couples Rooms for a \$20 upgrade.





SPA PARTIES

Spa is the ultimate group venue for any celebration - bridal, corporate, special girls/guys getaways, birthdays, anniversaries and more.

**10% discount for parties of 10 or more*

Our Meditation rooms are “quiet” areas to relax, revive, and bring comfort to all guests. Please turn off your phones when entering Spa and refrain from using all electronics.



THUNDER VALLEY SIGNATURE FACIAL

HYDRAMEMORY COMPLETE | *80 MINUTES \$140

Deep hydration, antioxidant treatment leaves skin hydrated and silky. Restores compactness and luminosity and contrasts de-hydration and premature aging.

**Neck and décolletage treatment: \$20*

SUBLIME SKIN DELUXE LIFT | 80 MINUTES \$160

This facial resurfaces, redensifies and lifts. Exclusive “Active Life” stimulates cellular regeneration, bestows fullness and redefines facial volume.

C'ESTA BRIGHTENING | *80 MINUTES \$130

Vitamin C and DMAE boosts collagen production, repairs free radical damage and enhances facial tone for a smoother, brighter, firmer and more defined look.

**Neck and décolletage treatment: \$20*

DEEP CLEANSE AND CLARIFY EXPRESS FACIAL | 50 MINUTES \$99

Deep double cleanse, exfoliation, mask and moisturizing facial including extractions.

COMPLETE OXYGEN | 80 MINUTES \$135 Hydration is what the skin craves – and that’s what you get with this treatment. The combination of our oxygen oasis machine leaves your skin feeling deeply hydrated and supple. Excellent for those with wind-burned, sunburned, dry and dull skin.

**Neck and décolletage treatment: \$20*

PEELS AND AGE RENEWALS

JAN MARINI PEEL | *\$130

Gycolic and enzyme resurfacing accelerates this facial treatment with two topical exfoliates, safely providing measureable results for virtually any skin type.

**Neck and décolletage treatment: \$20*

SKIN REGIMEN | 50 MINUTES \$110 | 80 MINUTES \$130

Rejuvenates and redensifies tissues with a double corrective/protective against the major causes and signs of aging, leaving skin vibrant, energized and lifted.

**Neck and décolletage treatment: \$20*



FACIAL ENHANCEMENT ADD-ONS

OXYGEN THERAPY WITH CUSTOMIZED SERUM | \$20

Infuse dry, stressed skin with pure oxygen for optimal hydration. (Not available with Sublime Deluxe).

LIP TREATMENT | \$20

Plump and rejuvenate those lip lines with an exfoliant, followed by a lip treatment massage with a firming line reducing cream.

FULL EYE TREATMENT | 30 MINUTES \$59

Eye mask, massage and total face lymphatic drainage. Your eyes will look years younger and refreshed!

Add a calming, soothing eye mask and massage with chilled porcelain spoons to any facial: \$20





WAX SERVICES

Brow Shaping \$28	Half Arm \$30
Brow Maintenance \$20	Full Arm \$45 AND UP
Men's Brow Shaping \$22	Half Leg \$30
Men's Brow Maintenance \$18	Full Leg \$55 AND UP
Nose \$12	Half Back \$35
Lip \$12	Full Back \$45 AND UP
Chin \$12	Stomach \$25 AND UP
Cheek \$20	Bikini \$38 AND UP
Full Face (including brow) \$49	Extreme Bikini \$48 AND UP
Underarm \$20	Brazilian \$70 AND UP



LUXURIOUS MANICURES & PEDICURES

FOUR DIAMOND MANICURE/PEDICURE

MANICURE | 60 MINUTES \$69 PEDICURE | 60 MINUTES \$89

Dead Sea salt and "Tranquility" Bath Oil start your experience and includes nail grooming, exfoliation, paraffin treatment, hot stone massage and aromatic body cream finish. Your choice of Opi polish, Opi Infinite or Vinylux designer colors.

DELUXE GEL HANDS | 45 MINUTES \$50 DELUXE GEL FEET | 75 MINUTES \$75

A polish and polymer combo, this nail finish creates a natural look for two weeks of shine, no chipping and zero dry time. Safe for your natural nails.

SPA SIGNATURE MANICURE/PEDICURE

MANICURE | 45 MINUTES \$55 PEDICURE | 45 MINUTES \$65

Dead Sea salts soften skin for nail grooming with exfoliating seasonal scrub; hydrating mud mask and body butter energizing massage to tone skin. Your choice of Opi, Opi Infinite or Vinylux designer colors.

THE EXPRESS MANICURE | *30 MINUTES \$35 PEDICURE | *30 MINUTES \$40

Our express service features soaking, grooming, a gentle exfoliation, and your choice of designer nail color.

*Due to time constraints, we are unable to include add-ons or substitutes with these services.

GENTLEMAN MANICURE | 30 MINUTES \$35 PEDICURE | 45 MINUTES \$65

Nails and cuticles are shaped and groomed, followed by a gentle exfoliation, a soothing hydrating mask, and a relaxing massage. Nails are finished with an oil buffing.



NAIL ENHANCEMENTS

FRENCH ADD-ON FOR THE HANDS OR FEET | \$10

VINYLUX ONE-WEEK POLISH | \$5

SHELLAC SOAK-OFF | \$10 AND UP

PARAFFIN ADD-ON | \$20

POLISH CHANGE | \$20

NAIL ART | \$10 AND UP

GEL ADD ON | \$20 | \$25 HANDS AND FEET

POLICIES AND PROCEDURES

Spa Prices and Services: Seasonal and Subject To Change

PERSONAL COMFORT & SAFETY

Your comfort and safety are important to us. When scheduling an appointment, please let us know if you have a gender preference for your therapist. Please be sure to inform your therapist of any inflamed joints or muscles that should be avoided during treatment.

We recommend only one heat treatment per day. Pregnant women and individuals with heart conditions or varicose veins should avoid all heat treatments. Following any of our heat treatments, it is important you rest and avoid rigorous activity for at least one hour. You are also advised to refrain from direct sun exposure immediately following certain skincare treatments. If you are expecting or have medical considerations, please inquire whether the treatment chosen is suitable for your condition.



THE SOUND OF SILENCE

To preserve the ambiance of peace and tranquility, Spa at Thunder Valley prohibits cell phone use. We kindly ask that you turn off all cell phones prior to entering the spa, and please speak quietly throughout the premises.

RESERVATIONS AND CANCELLATIONS

Your treatment and your provider's time are reserved specifically for you. Therefore, 24-hour advance notice is appreciated should you need to change, cancel or reschedule your appointment. Late notifications and 'no call, no shows' will be charged 50% of treatment price. A credit card is required for all reservations.

ARRIVAL

For a stress free check-in, you are encouraged to **arrive at least 30 minutes prior to your service starting time**. We invite you to take time to shower and enjoy our amenities and tranquility before your service. Late arrival will limit the time of your service, thus lessening its effectiveness and your pleasure. With respect to the next guest, your treatment will end at the scheduled time and the full value of your treatment will apply.

SPA AMENITIES

For our spa guests, we offer robes, sandals and vanity amenities for your comfort and convenience. While lockers are provided, we recommend leaving valuables in your room safe. Additional amenities include sauna and eucalyptus infused steam rooms – all complimentary for guests.

HOTEL CANCELLATIONS

Cancelling your hotel reservation does not automatically cancel your spa appointments, so please contact us directly to do so.

GROUP CANCELLATIONS

A 72-hour advance notice is required for groups of three or more to avoid being charged the full treatment prices.

FITNESS CENTER

Our Fitness Center is complimentary for all hotel guests.

SPA EDIBLES

Guests can choose a healthy selection from our menu. Orders can be placed at check-in and delivered at your desired time. Please allow at least 45 minutes. Outside food and drinks are not permitted.

WHAT TO WEAR

Spa at Thunder Valley provides robes and slippers for you during each visit. If you plan to exercise, bring your own clothing and workout footwear. We practice professional draping, and your modesty is respected at all times. To use our facility, we require you to bring a bathing suit for the spa pool and wet areas. We also discourage storing jewelry and other valuables at our spa because we cannot assume any responsibility for those items.

SHAVING

Shaving is not recommended before body treatments or gentlemen's facials. If you choose to shave, please shave at least 24 hours prior to your service.

DAILY SPA RITUAL EXPERIENCE

Your resort fee includes use of the pool, outdoor whirlpool, steam and sauna areas, locker rooms and Fitness Center.

PAYMENT FOR SPA SERVICES

A suggested gratuity of 20% is appreciated. We accept Visa, MasterCard, American Express, Discover and Thunder Rewards comps. If you are a registered guest, you may also charge Spa services to your resort bill. If you prefer, payment may be processed prior to treatment.

AGE REQUIREMENT

Treatment at Spa for anyone 21 years of age or older only. Thunder Valley Casino Resort requires that anyone age 18 to 20 be accompanied by a legal guardian or parent if booking for a massage, facial or body treatment.

Minors requesting nail services must be accompanied by a parent or legal guardian at all times and are not permitted in the facilities area.

SPA HOURS OF OPERATION

Daily 10am – 7pm

For reservations and information call 916.408.9250

Service prices include locker room amenities, steam and dry sauna, and access to the Coconut Pool + Bar (in season). After-service lockers also provided at the Coconut Pool + Bar.

CABANAS AND CABEDS AT THE POOL

Open seasonally | Reservations required

Enjoy cabanas and cabeds, wide-screen TVs, refrigerator, water, towels, changing room, sofa, two chairs, coffee table, two chaise lounges and an umbrella.

Thunder Rewards members enjoy preferred discounts up to 20% off, plus 5% back in comps!

