

*Spa*  
AT  
THUNDER  
VALLEY





## WELCOME

Spa at Thunder Valley features a full menu of services designed to ensure each guest receives a Four-Diamond experience. Your escape starts in the Meditation Room - quiet and serene, change into a comfortable robe and visit the Steam Room or Dry Sauna before or after your treatment.

Water, herbal teas, and fruit are provided anytime you desire. On special occasions or for a group visit, you may wish to order something to enjoy from our In-Room Dining menu. A crisp glass of sparkling wine and chocolate-dipped strawberries are a perfect way to celebrate your time with us.

Our treatment menu has a wide range of relaxation and therapeutic massage services, tailored to your desired level of pressure. Rejuvenating facials and body scrubs use top-of-the-line cosmeceutical ingredients like natural grape seed, Alpha Hydroxy Acids, botanicals and peptides with anti-aging properties. Pedicures and manicures, with natural or gel nail services, as well as face and body waxing applications can be scheduled separately or combined with any massage or facial.

Spa appointments also include access to our beautiful Pool and Hot Tub, just a few steps away. For hotel guests, Thunder Valley's Steam Room, Sauna and Pool are complimentary. Open seasonally from mid-May to October, the Pool features beautiful chaise lounges and poolside food and beverage service from the Coconut Bar. A special menu featuring fresh fruit, salad, and smoothies along with wines and cocktails is available to our Spa guests.

Private Cabanas - outfitted with hi-def TVs, dressers and changing area - may be rented by the day.

Spa at Thunder Valley is your escape from the daily pace of life. We look forward to providing you with an experience that is both uplifting and restorative.





# BODY MESSAGES

\* **THUNDER VALLEY PREMIER BLEND** | 50 MINUTES \$109 | 80 MINUTES \$139

Our signature “Customized Massage” uses traditional Swedish and Deep Tissue, pressure-point therapy, and hot stones for a truly rejuvenating experience.

\* **RELAXATION THERAPY** | 50 MINUTES \$89 | 80 MINUTES \$119

Relax, we’ve got this. A traditional Swedish massage provides light to medium pressure and circulatory therapy that reduces stress and leaves you feeling refreshed.

\* **THERAPEUTIC DEEP TISSUE** | 50 MINUTES \$99 | 80 MINUTES \$129

With deeper concentrated work, this massage addresses deep layers of the muscles, assisting in the recovery process for sports injuries and corrective therapy. This approach releases muscle tension, and assists in pain reduction. Great for those wanting deeper pressure and for the “Weekend Warrior.”

\* **ZONE THERAPY** | 25 MINUTES \$59

Designed to concentrate on the areas where you hurt the most. With our customized pressure from light to deep, we’ve created this therapy for your specific problem area, such as neck, back or legs.

\* **HOT STONE THERAPY** | 75 MINUTES \$145

Envelop yourself in the soothing heat of warm stones in combination with light, long Swedish strokes for the ultimate in relaxation. This treatment helps with fatigued muscles by aligning and balancing the energy in your body and allows the muscles to relax and rejuvenate.

\* **MELLOW MAMA MATERNITY MASSAGE** | 50 MINUTES \$99

A wonderful experience for both mommy and baby, pre-natal massage relaxes muscles and improves circulation. Especially helpful for the lower back as delivery time approaches and replenishes after childbirth.

\* **FOOT REFLEXOLOGY** | 25 MINUTES \$59 | 50 MINUTES \$89

Using an ancient inch-walking technique with the thumbs, reflexology creates homeostasis in the entire body by stimulating reflexes to the organs, glands, musculoskeletal, respiratory, circulatory, digestive, lymphatic and nervous systems. You will leave feeling that you’ve had a full body massage.



## IN-ROOM MASSAGE SERVICE

80 MINUTES \$189

Relax in the privacy of your room with a "Customized Massage" designed specifically for you and your body needs.

\* BATH BUTLER | \$100

Add to your in-room massage or enjoy the service on its own. Our concierge will deliver your choice of bath salts and oils, draw the bath if you prefer, or leave for you to use later.

### ROMANCE

A candlelight bath, lavender bath oil, rose petals and strawberries with a split of champagne.

### PURE RELAXATION

Refresh tired muscles with an aromatic bath of peppermint and eucalyptus, and enjoy a plate of fresh sliced fruit with a smoothie to cool the senses.

### THE GAMBLER

A soothing eucalyptus bath with green tea fusion, rose petals, and a plate of dark chocolate-covered strawberries with warm cognac.

*Please allow 30-45 minutes for concierge delivery.*





## BODY MASSAGE ENHANCEMENTS

\* **MOROCCAN OIL HAIR TREATMENT** | \$16

An invigorating scalp massage, stimulating all those acupressure points to encourage well-being is accentuated with our Moroccan Oil to treat the scalp and hair.

\* **FOOT SCRUB ADD-ON** | \$16

A gentle exfoliating scrub with aromatic notes is finished with a delicate body butter. This treatment assures your feet will be smooth, hydrated and energized.

\* **HOT STONE ADD-ON** | \$5

Smooth, hot stones are placed at key points to warm and relax the muscles, allowing for deeper pressure during your massage.



## WINE INSPIRED BODY TREATMENTS

\* **CABERNET GRAPE SEED CRUSH BODY SCRUB** | 50 MINUTES \$99

A true aromatic experience using crushed grape seeds from the wine country. The unique milling process allows natural oils from inside the seeds to fully hydrate your skin. It's a one-of-a-kind sensation — clean, smooth and polished, this treatment is a rich, luscious body indulgence that will delight your senses.

\* **CABERNET GRAPE SEED BODY POLISH** | 25 MINUTES \$59

Purify the body and spirit with a sensuous blend of Cabernet and Passion Fruit extracts. Your skin will be smooth, ultra-hydrated and glistening.

\* **DETOXIFYING GRAPE SEED MUD WRAP** | 80 MINUTES \$109

Detoxifying yet hydrating, Cabernet Grape Seed Mud offers full-body benefits with a Passion Fruit extract, and is loaded with Vitamin C for overall skin rejuvenation. Includes an energizing head and face massage. Treat your body to this unique blend that titillates your skin and arouses your senses.



## SPA PACKAGES

\* **THE WINNING PAIR** | 100 MINUTES \$149

Enjoy a 50-minute Relaxation Therapy Massage and a 50-minute European Facial.

\* **TREAT FOR TWO** | 100 MINUTES \$368

Includes a 25-minute Cabernet Grape Seed Body Polish, our 50-minute Thunder Valley Premier Blend Massage, and an indulgent Moroccan Oil Hair Treatment with scalp massage in our Pairs Suite.

\* **COUPLES MASSAGE** | 50 MINUTES \$238 | 80 MINUTES \$298

Candlelight, rose petals and our customized aromatherapy massage shared side by side with pressure point therapy and soothing hot stones for a true escape in a suite built for two.

\* **THE ELITE RETREAT** | 130 MINUTES \$293

The ultimate indulgence, when only elite will do. This treatment begins with a full body grape seed scrub, followed by our Cabernet Mud Wrap and a scalp and hair pampering with Moroccan Oil. Finish with a full body customized massage, including hot stones and your preferred pressure style. Welcome to Paradise!

\* **THE PLATINUM** | 80 MINUTES \$149

The perfect solution for the overworked body. This combination of heated Cabernet Grape Seed Mud releases toxins that cause tight muscles, relaxes the body, hydrates, and finishes with a targeted back and neck massage.

\* **GOLF AND SPA**

Enjoy a round of golf at the beautiful Whitney Oaks Golf Club and then let us pamper you with one of our Signature treatments. This package may be shared with a second person should you want to gift golf or spa to someone special. Valid only with 18 holes of golf.

With 50 minute Thunder Valley Premier Blend Massage Mon-Thurs \$148 | Weekends \$158

With 50 minute Thunder Valley Signature Facial Mon-Thurs \$138 | Weekends \$158

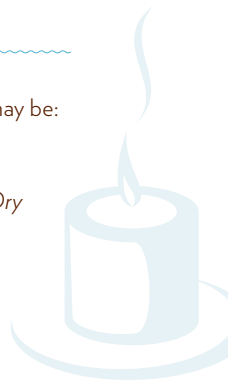
*Substitutions are not permitted in any package.*



## SPA PARTIES

Let our Spa provide you with the ultimate group venue for your celebration, whatever it may be: Bridal, Corporate, Girls' or Guys' Getaway, Birthdays, Anniversaries and more.

*10% discount for parties of ten or more. Each service booked includes our amenities: Steam, Dry Sauna, Relaxation Room, Showers, Dressing Room and Seasonal Pool Access.*





# THUNDER VALLEY SIGNATURE FACIALS

## \* INTENSIVE HYDRATING TREATMENT | 80 MINUTES \$140

An “Intensive Hydrating” treatment that delivers unparalleled hydration benefits to the skin, perfect during the changing of the seasons. This customized facial treatment works to exfoliate, rehydrate, regenerate, plump and rebalance. A soft creamy tapioca exfoliation and hydrating nectar mask are the keys to moisture replenishment and soft, supple skin.

## \* RESURFACING PEEL | 80 MINUTES \$140

The next level in your skincare regimen. This “No-Downtime” facial will detoxify, oxygenate and “resurface” the skin for immediate visible results. A manual microdermabrasion with semi-precious ruby and sapphire crystals is followed by a renewing glycolic-salicylic peel. A relaxing massage and oxygenating mask reveal a radiant, clear complexion.

## \* EYE CONTOUR TREATMENT AND FACIAL | 50 MINUTES \$99

This refreshing and anti-aging eye treatment provides full face lymphatic drainage with a specific acupressure massage. Unique porcelain spoons are chilled and used to drain and address puffiness and dark circles. A relaxing eye massage with vitamin and hyaluronic enriched eye cream is followed by a cooled tensor gel mask and eye smoothing patch for instant smoothing and firming. Your eyes will sparkle with brightness and youth.

## \* THUNDER VALLEY FOUR DIAMOND SIGNATURE FACIAL | 80 MINUTES \$130

For Hydration, Hyperpigmentation, Acne, or Anti-Oxidant. In this ultimate treatment, every step is personalized to your specific needs. After analyzing your skin, your esthetician will create the perfect blend of products, enhanced by the use of our Clarisonic to exfoliate and enable excellent results from your peel, mask and hydrating treatment. This facial includes a neck and shoulder massage, heated mitts on the feet and a moisturizing hand massage.

## \* THUNDER VALLEY EXPRESS FACIAL | 50 MINUTES \$89

On the run? Experience this cleanse, exfoliation, mask and moisturizing facial, just the right treatment for those wanting a quick pick-up for your skin. Extractions not included.

## \* COMPLETE OXYGEN | 80 MINUTES \$130

Hydration is what the skin craves – and that is what you get with this treatment. The combination of our oxygen oasis machine leaves your skin feeling deeply hydrated and supple. Excellent for those with wind-burned, sunburned, dry and dull skin.

\* **GENTLEMEN'S DEEP-CLEANSING FACIAL** | 50 MINUTES \$99 | 80 MINUTES \$130

This treatment uses active ingredients specifically selected for the needs of male skin. Incorporating steamed towels, enjoy a face, neck and hand massage with non-perfumed, mild products designed to leave skin healthy and rejuvenated.

\* **BACK FACIAL** | 50 MINUTES \$99

This treatment is designed for the hard to reach area of the back. Includes a deep cleanse, brightening exfoliation and a relaxing massage. Removes impurities, restores the skin and relaxes the mind.



## FACIAL ENHANCEMENTS

\* **NECK/DECOLLETE TREATMENT** | \$20

Exfoliate, mask and treat this delicate area to reduce wrinkles and firm the skin.

\* **OXYGEN OASIS THERAPY WITH CUSTOMIZED SERUM** | \$20

Infuses dry, stressed, compromised skin with pure oxygen for optimal hydration.

\* **MOROCCAN OIL HAIR TREATMENT** | \$16

An invigorating scalp massage, stimulating all those acupuncture points to encourage well-being, and treat the hair too.

\* **FOOT SCRUB ADD-ON** | \$16

A gentle exfoliating scrub with aromatic notes is finished with a delicate body butter. Your tootsies will love you!

\* **HAND TREATMENT** | \$20

This add-on hand peel will erase those spots and minimize wrinkles. This mini-treatment exfoliates and smooths, and can be enhanced with at-home treatments using our exclusive products.

View our website, [Thundervalleyresort.com/Spa/Menus-Treatments](http://Thundervalleyresort.com/Spa/Menus-Treatments), to see the Seasonal Facials we offer: *Gold Peptides, Wine Therapies, Botanicals, and more.*







## WAX SERVICES

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Brow-Shaping \$28

Brow Maintenance \$20

Men's Brow-Shaping \$22

Men's Brow Maintenance \$18

Lip \$12

Chin \$12

Cheek \$20

Full-Face (*Including Brow*) \$49

Underarm \$20

Half-Arm \$30

Full-Arm \$45 AND UP

Half-Leg \$30

Full-Leg \$55 AND UP

Half-Back \$35

Full-Back \$45 AND UP

Stomach \$25 AND UP

Bikini \$38 AND UP

Extreme Bikini \$48 AND UP

Brazilian \$70 AND UP



# LUXURIOUS MANICURES & PEDICURES

## \* THUNDER VALLEY'S FOUR DIAMOND MANICURE | 50 MINUTES \$69

Colloidal gold attached to skin-rejuvenating peptides: this magical manicure treats the skin with a delicate combination of pure gold mineral and the moon-goddess flower Artemisia, renowned for its therapeutic skin properties. Indulge and relax as your nails are groomed, your hands and forearms are exfoliated with our Peptide scrub, then enveloped in a golden goddess hue with our moisturizing body milk. This service includes a paraffin treatment, hot stone massage, and your choice of designer nail color.

## \* THUNDER VALLEY'S FOUR DIAMOND PEDICURE | 60 MINUTES \$89

Follow your Four Diamond Manicure with our Four Diamond Pedicure: treat your skin with pure gold mineral and the moon-goddess flower Artemisia, renowned for its therapeutic skin properties to rejuvenate and turn back the hands of time. Feet and lower legs are soaked in our whipped body soak, an exfoliating scrub with Gold Peptides, and a rejuvenating Hydra-Replenishing cream with a heated paraffin treatment, followed by a hot stone massage. Enjoy your choice of designer nail color.

## \* THE ROYAL TREATMENT | 60 MINUTES \$89

Relax as we give your feet deserving attention with a detailed grooming session that includes exfoliation, heel-smoothing, hydrating mask, stress-relieving foot massage and aromatherapy paraffin treatment. Complete this service with your choice of designer nail color. Perfect for those seeking the royal treatment.

## \* SPA EXPERIENCE MANICURE | 45 MINUTES \$49 *(includes aromatic paraffin treatment)*

Relaxing and rejuvenating, start with a whipped body soak; nail grooming; a butter scrub to exfoliate the dead skin and reveal fresh new skin; then a tension-relieving hand massage with our special blended cream for total hydration. Finish your treatment with your choice of designer nail color.

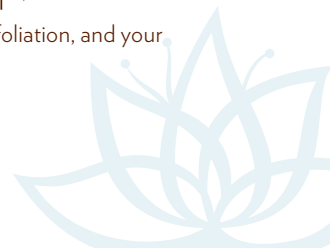
## \* SPA EXPERIENCE PEDICURE | 45 MINUTES \$65

Our whipped body soak softens the feet, grooming and shaping of the nails, callus treatment, and exfoliation with our luxurious body scrub; this is followed by a hydrating mud mask and a relaxing massage. Complete your experience with your choice of designer nail color or oil buffing.

## \* THE ESSENTIAL MANICURE\* | \$30      THE ESSENTIAL PEDICURE\* | \$35

Our express service for hands or feet: consists of soaking, grooming, a light exfoliation, and your choice of designer nail color.

*\*Add-ons or substitutes not available with this service.*



\* **GEL DELUXE** | 45 MINUTES \$45

A combination of polish and a polymer, this nail finish creates a natural look for two weeks of shine and no chip. Zero dry time, and your nails are ready the minute you leave. This service includes a mini-manicure with a wide variety of color options. Safe to the natural nail.



## NAIL ENHANCEMENTS

\* **FRENCH ADD-ON FOR THE HANDS OR FEET** | \$10

\* **VINYLUX ONE-WEEK POLISH** | \$5

\* **SHELLAC SOAK-OFF** | \$10

\* **PARAFFIN ADD-ON** | \$10

\* **POLISH CHANGE** | \$20

\* **NAIL ART** | \$10



## FOR THE GENTLEMAN

\* **MANICURE** | \$30

**PEDICURE** | \$59

A gentleman and his hands or feet: nails and cuticles are shaped and groomed, followed by a gentle exfoliation, a soothing hydrating mask and a relaxing massage. Nails are finished with an oil buffing.



# POLICIES AND PROCEDURES

*Spa Prices and Services: Seasonal and Subject To Change*

## \* OUR PHILOSOPHY

To protect the privacy of our guests while they experience Spa at Thunder Valley, we must limit the number of people serviced at any given time.

## \* PERSONAL COMFORT & SAFETY

Your comfort and safety are important to us. When scheduling an appointment, please let us know if you have a gender preference for your therapist. Please be sure to inform your therapist of any inflamed joints or muscles that should be avoided during treatment.

We recommend only one heat treatment per day. Pregnant women and individuals with heart conditions or varicose veins should avoid all heat treatments. Following any of our heat treatments, it is important you rest and avoid rigorous activity for at least one hour. You are also advised to refrain from direct sun exposure immediately following certain skincare treatments. Please note that many spa treatments are not recommended during pregnancy or illness. If you are expecting or have medical considerations, please inquire whether the treatment chosen is suitable for your condition.

## \* THE SOUND OF SILENCE

To preserve the ambiance of peace and tranquility, Spa at Thunder Valley prohibits cell phone use. We kindly ask that you turn off all cell phones prior to entering the spa, and please speak quietly throughout the premises.

## \* RESERVATIONS AND CANCELLATIONS

Your treatment and your provider's time are reserved specifically for you. Therefore, 24 hour advance notice is appreciated should you need to change, cancel or reschedule your appointment. Late notifications and 'no call, no shows' will be charged 50% of treatment price. A credit card is required for all reservations.

## \* ARRIVAL

For a stress free check-in, you are encouraged to **arrive at least 30 minutes prior to your service starting time**. Guests with massage appointments will choose personalized aromatherapy prior to the service. We invite you to take time to shower and enjoy our amenities and the tranquility before your service. Late arrival will limit the time of your service, thus lessening its effectiveness and your pleasure. With respect to the next guest, your treatment will end at the scheduled time and the full value of your treatment will apply.



## \* SPA AMENITIES

For our spa guests, we offer robes, sandals and vanity amenities for your comfort and convenience. While lockers are provided, we recommend leaving valuables in your room safe. Additional amenities include sauna, and eucalyptus infused steam rooms – all complimentary for guests.

## \* HOTEL CANCELLATIONS

Cancelling your hotel reservation does not automatically cancel your spa appointments, so please contact us directly to do so.

## \* GROUP CANCELLATIONS

A 72 hour advance notice is required for groups of 3 or more to avoid being charged the full treatment prices.

## \* FITNESS CENTER

Our fitness center is complimentary for all hotel guests.

## \* SPA EDIBLES

Guests can choose a healthy selection from our menu. Orders can be placed at check-in and delivered at your desired time. Please allow at least 45 minutes. Outside food and drinks are not permitted.

## \* WHAT TO WEAR

Spa at Thunder Valley provides robes and slippers for you during each visit. If you plan to exercise, bring your own clothing and workout footwear. We practice professional draping, and your modesty is respected at all times. If you would feel more comfortable, you may wear undergarments so that you can relax and fully enjoy your treatment. To use our facility, we require you to bring a bathing suit for the spa pool and wet areas. We also discourage storing jewelry and other valuables at our spa because we cannot assume any responsibility for those items.

## \* SHAVING

Shaving is not recommended before body treatments or gentlemen's facials. If you choose to shave, please shave at least 24 hours prior to your service.

## \* DAILY SPA RITUAL EXPERIENCE

Your resort fee includes use of the pool, outdoor whirlpool, steam and sauna areas, locker rooms and Health Club.

## \* PAYMENT FOR SPA SERVICES

A suggested gratuity of 20% is appropriate for your service. We accept Visa, MasterCard, American Express, Discover and Thunder Rewards comps. If you are a registered guest, you may also charge spa services to your resort bill. If you prefer, payment may be processed prior to treatment.

## \* AGE REQUIREMENT

Treatment at the Spa for anyone 21 or older only. Thunder Valley Casino Resort requires that anyone age 18 to 21 be accompanied by a legal guardian or parent if booking for a massage, facial or body treatment.

Minors requesting Nail Services must always be accompanied by a parent or legal guardian and are not permitted in the facilities area.





## ADDITIONAL SERVICES

### SKINCARE

**NUFACE® FACE LIFT | 50 MINUTES \$69**

FDA-Cleared for Non-Invasive Lifting

*30min add-on: Jowls, Forehead \$25 | 15min add-on: Eyes, Lips \$25*

**JAN MARINI ANTI-AGING PROGRAM | 80 MINUTES \$330 (reg. \$370)**

Consultation, Starter Home Skincare Package

Customized Facial (with extractions) and Treatment Plan

**JAN MARINI ANTI-AGING PROGRAM | \$330 (reg. \$390)**

Series of Three (3) Facials

*Call Spa for your monthly feature*

**EYE TREATMENT ADD-ON TO ANY FACIAL | 15 MINUTES \$20**

Eye Massage with Chilled Porcelain Spoons

**FULL EYE TREATMENT | \$59**

Chilled Porcelain Spoons, Mask, Massage, Serum

**EXPRESS PEEL SERIES - 3 PACK | 30 MINUTES \$45 EACH**

No downtime – reveals luminous skin

**ADD-ON EXTRACTIONS | \$15**

**TRY OUR FREQUENT GUEST CARD PROGRAM**

Buy 9 treatments, and the 10th is 50% off - Massages, Facials, Waxing, or Body Treatments. *Ask for a card today!*

# MASSAGE

MASSAGE WELLNESS TREATMENT | 30 MINUTES \$59 | 50 MINUTES \$89  
The Healing of Himalayan Salt

ALPHA MALE TREATMENT | \$178  
Back Facial with Massage

MONTHLY BODY SCRUB  
WITH ÉMINENCE ORGANICS | 80 MINUTES \$125  
Éminence Organics feature exotic aromas and endless benefits for the skin!  
*Blueberry Slimming Body Wrap • Coconut Sugar Scrub  
Cinnamon-Paprika Body Lotion for Cellulite • Pear- Green Apple Body Wash*  
Includes a Moroccan Oil Hair treatment.

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# NAILS

PARAFFIN DIP, VINYLUX POLISH, HOT STONES  
*Ask for these enhancements with your next manicure or pedicure.*



Thunder Rewards members enjoy preferred discounts up to 20% off, plus 5% back in comps!

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SPA HOURS: 10AM – 7PM DAILY  
CALL 916.408.9250  
FOR SERVICES AND INFORMATION